

Strengthening Corticosteroid Stewardship

Corticosteroid stewardship is a coordinated approach to prescribing and monitoring steroid treatments in patients. It promotes intentional use, consistent oversight, shared decision making and accountability across care settings.



Why Steroid Stewardship Matters

Steroids are essential, but prolonged or fragmented use can increase preventable risk.

Oftentimes, patients receive prescriptions from multiple providers without coordination and clinicians often lack reliable mechanisms to track long-term exposure.

As health systems prioritize safety and quality measurement, steroid use should be included.



Where Gaps Persist

With widespread use, gaps in corticosteroid stewardship exist, including:



No consistent cross-specialty standards for short and long-term management.



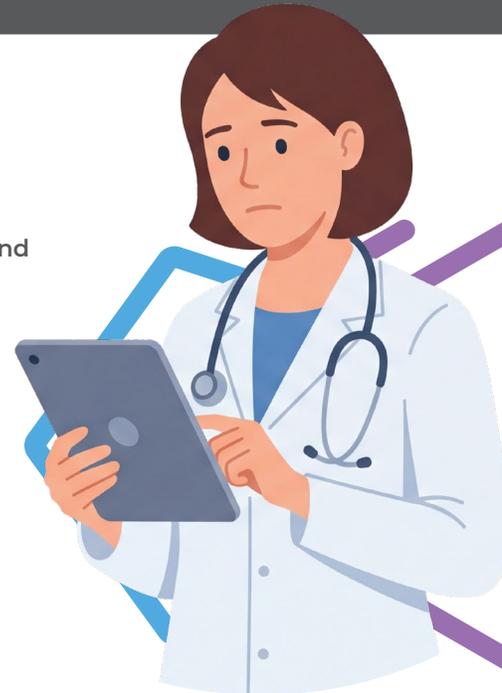
Variation in tapering and monitoring practices.



Limited ability to monitor cumulative exposure in patients.



Inconsistent patient education on risks, side effects and safer alternatives.



Why Action is Needed Now

Health care increasingly emphasizes accountability, measurable outcomes and shared decision making. Steroid management should align with these priorities.

Policymakers can support evidence-based standards, exposure tracking and integration of stewardship into quality frameworks.

Strengthening stewardship protects patients and supports more consistent, accountable care.



**Corticosteroid
Stewardship
Alliance**